

Dear Dick & Marlene,

THANKYOU for your letter and I hope that your project with the young runners goes really well as I'm sure it will with your knowledge.

I agree with all that you say.

The potential of the youth of the U.S.A. is not even tapped a little.

I have helped ; Mark Wetmore; the coach at Boulder Colorado for some years since he was the coach at Bernsdole College in New Jersey.

He was successful this year by having his teams win both the Mens' And Womens' individual & teams N.C.A.A. titles.

He believes in my methods and applies them correctly as some people say that they use my training and do not seem to understand it correctly?

I hope that you are both well and wish you every good wish.

Kindest regards.



Arthur Lydiard.